



Outdoor Camp Additional Packing List

Blue Ridge will provide essential gear for the camper such as backpacks, tents, Nalgene bottles, utensils, ground pads, first aid, etc.

Please be sure your camper brings the following:

Toiletries (In zip lock plastic bag)

Sleeping bag that will fit in a backpack (the ones that compress are really good, but not necessary)

Comfortable hiking clothes: (preferably ones that dry quickly: aside from t-shirts, cotton is best avoided) shorts, t-shirts, long pants and one long sleeved shirt

Swimsuit

Bug spray

Shoes that can get wet and have a back heel strap

Towel

Flashlight

Sweater or jacket (fleece)

Rain gear

Hiking boots or sneakers well broken in (New hiking boots will guarantee blisters on the trail)

Sunscreen

OPTIONAL ITEMS: notebook, camera, playing cards, bandana, sunglasses stamps and stationary

Please note: If your camper has his/her own backpacking gear, feel free to bring it along!

Do not bring: food (especially candy), cell phones, pagers, fireworks, weapons of any kind, walkmans, radios, or electronic games.