



Massage Therapy at Mikell

Kat Ballard, NCTMB, CNMT

(Nationally Certified in Therapeutic Massage & Bodywork; Certified Neuromuscular Therapist)

Kat is a past Mikell camper, summer staffer, and present employee of Mikell. Her services are available to add that extra "touch" to your Mikell experience.

Contact Kat at katballard@gmail.com or 706 886 7515 to make arrangements for you and your group to add a wonderful new dimension to your weekend at Mikell.